Benefit

Digital Advantage
Embrace the digital era with end-to-end process automation, from screenings to reporting.

Efficient Subsidy Management
A streamlined approach to manage and allocate subsidies effectively.

Data at Your Fingertips
Dashboards and reporting tools that provide actionable insights.

Cost Efficiency
Through digital transformation, realise significant operational cost savings.

Enhanced Support
Equip your program with hotline support capabilities, offering participants immediate help.

Engaging Education
A comprehensive library of educational videos to raise awareness and provide critical knowledge.

Assured Anonymity
Prioritise participant privacy and confidentiality, fostering a safe environment for support and growth.

Features

Subsidy Management
Allocate and monitor subsidies efficiently, ensuring participants have access to essential services.

Digitalised Screening
Transition from paper-based assessments to digital screenings, enhancing accuracy and ease.

Dashboard Interface
A central hub providing an at-a-glance view of program metrics, participant engagements, and screenings.

Comprehensive Reporting
Generate detailed reports, providing insights into program efficacy, participant progress, and areas of improvement.

Cost Reduction
By digitising and streamlining processes, significantly reduce operational costs.

Educational Videos
Empower participants with a library of psychoeducational content at their fingertips.

Hotline Support Capabilities
Offer instant access to psychosocial support lines, ensuring participants have immediate assistance when needed.

Anonymity Features
Guarantee participant privacy with state-of-the-art anonymity functions.

User-Friendly Experience
Designed with convenience in mind, the platform ensures an intuitive user journey for both managers and participants.

FAQ

Q: Who developed the questionnaires and are they scientifically validated?

A: Yes. They were developed and validated by healthcare professionals.

Q: Can the questionnaires provide a diagnosis or treatment recommendation?

A: No. But we will recommend the user to book a subsidised appointment with psychologists if their assessment outcome is marked as high-risk.

Q: How secure is participant data within the platform?

A: We prioritise the safety of our users' personal information. State-of-the-art security measures have been employed, including encryption during transmission and storage.
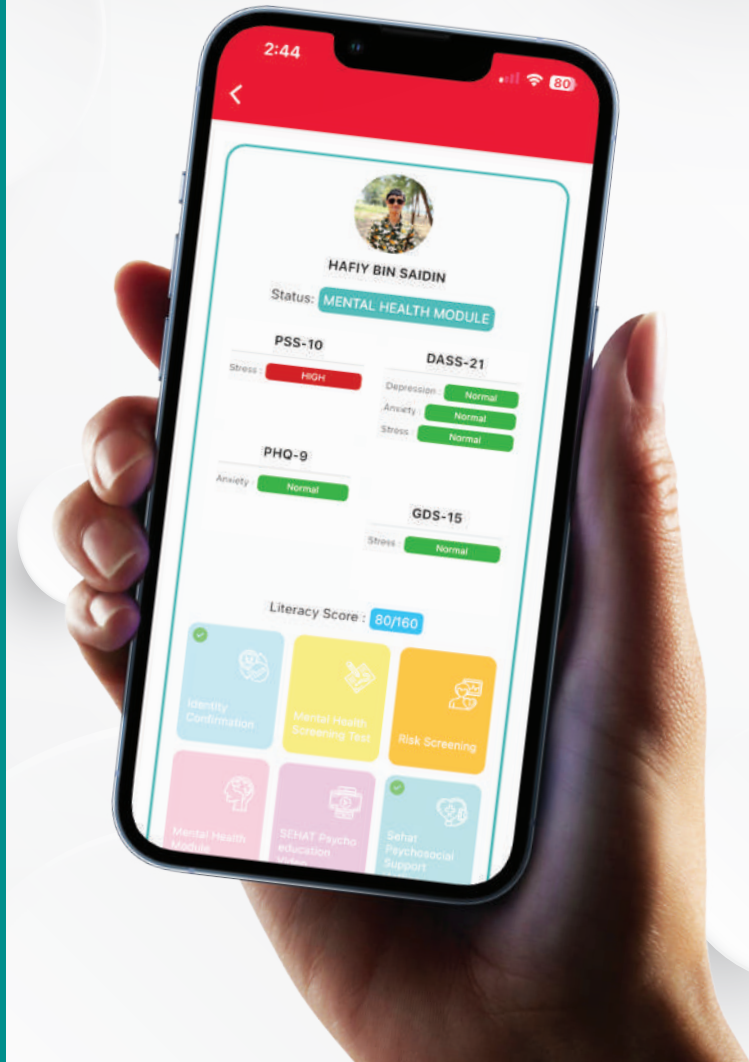
Q: Can you provide training and support for Program Managers during the transition to Mental SEHAT?

A: Yes, we offer training and support as part of our implementation process. Our team will guide you through the platform's features and functionalities, ensuring a smooth transition. Additionally, ongoing support is available to address any questions or concerns you may have during your use of Mental SEHAT.

Online Mental Health Support

Self-assess, receive personalised risk scores, and gain access to mental health support, all in one convenient place.

Product Brief

What is it?

Mental SEHAT is a comprehensive digital platform designed for Mental Health Program Managers. It streamlines subsidy management, digitalizes screenings, and offers features like dashboards, reporting, hotline support, and educational videos, with an emphasis on cost-reduction and user anonymity.

How is it used?

Managers utilize Mental SEHAT to digitize their workflow. They can allocate and monitor subsidies, provide participants with a digital screening process, utilize dashboards for program insights, offer educational videos, and ensure user privacy with top-notch anonymity features.

What are the outcomes?

- **Increased Efficiency:**
  Automated processes save time and minimize errors.

- **Enhanced Monitoring:**
  Informed decision-making through insights from dashboards and reports.

- **Cost Savings:**
  Significant reduction in operational costs.

- **Improved User Engagement:**
  With features like hotline support and educational videos.

- **Guaranteed Anonymity:**
  Ensuring user privacy and trust in the program.

- **Comprehensive Support:**
  A holistic approach to mental health support for participants.
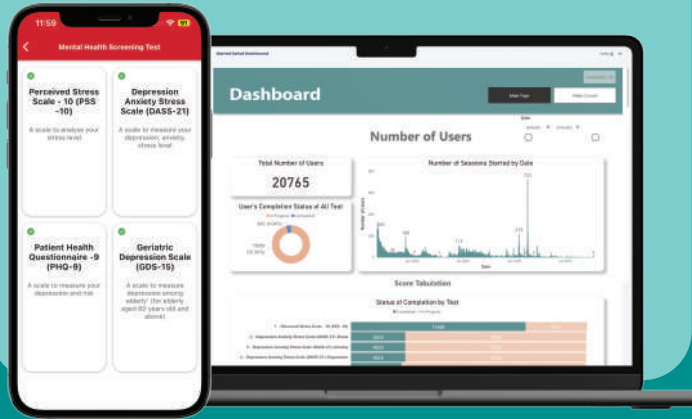
Key Challenges

Overwhelmed with manual processes

Difficulties in subsidy allocation & tracking

Inefficient mental health program reporting

Balancing user privacy and program effectiveness

Lack of instant support capabilities

Modules

01 Mental Health Questionnaires

02 Screening for Depression, Anxiety and Stress
Depression Anxiety Stress Scale –21 **(21 Questions)**

03 Screening for Depression and Risk
Patient Health Questionnaire–9 **(9 Questions)**

04 Screening for Depression For Geriatrics
Geriatric Depression Scale-15 **(15 Questions)**

05 Psychoeducation Videos

06 SEHAT Psychosocial Support Hotline and Reminder Page

Request a Demo

Discover a New Era of Mental Health Program Management.

Through our projects and partners worldwide, we've established a strong track record.

Join us in exploring new possibilities together.

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Management Portal

Dashboard

- **Number of users**

- **Score Tabulation:** Scores from various tests, including the Mental Health Literacy Scale, Perceived Stress Scale, Depression Anxiety Stress Scale, and more.

- **Average Scoring**

- **Result by ranking after mental health screening tests.**

- **Demographics:**
  These statistics provide valuable insights into the characteristics and backgrounds of individuals who have participated in the program. Distribution by gender, race, marital status, education level, age group, monthly income, religion, district.

- **Video Count section:**
  - Total number of videos
  - Total number of views
  - Top 10 videos by number of views
  - Bottom 10 videos by number of views
  - Total number of views by videos according to month and data

Appointment List

This section displays a list of patients eligible for subsidised psychiatric treatment. Panel clinic will use this section to mark whether a patient is eligible for a referral to a psychiatrist after screening.

Provider Management

This section displays a list of panel clinics involved in the subsidised psychiatric program, and the quota for each clinic is also shown in this section.

TESTIMONIALS

Dr Siti Mariah Mahmud
Former Chairman of the Selangor Public Health, Unity, Women and Family Empowerment Committee

"Since its launch, more than 60,000 Selangor residents underwent early mental health screening. Mental SEHAT's psychosocial support line service in the Selangkah App had benefited 312 callers."

Dr Muhammad Adil Zainal Abidin
Assistant Professor, IIUM Kuantan Campus

"This program truly gives a positive impact on users' well-being. It really helps them reduce their anxiety and improve their overall mindfulness."